

# Return to Futsal

Risk Assessment (F-RA-001)



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## Scope of assessment

This risk assessment and safe system of training has been developed to safely allow the reintroduction of football/futsal within a controlled environment.

The assessment itself details the steps being taken by me to create a safe environment for children to return to futsal training.

To be successful, there is a reliance on parents of children attending sessions to comply with certain questionnaires. Where parents do not, or cannot, comply their children will be unable to participate in any sessions that held.

All equipment used within the training sessions belong to the Club and will be provided and maintained these for the benefit of the children that attend.

The training sessions are planned and undertaken by qualified Club Coaches and will abide by the guidance issued by the UK government and the football association.

The risk assessment and standard procedures will be continually monitored and updated based on the provision of new advice and guidance by the UK government and the football association and as part of the review process of each training session.

## Assessment details

<b>Assessment complete by</b>	Allan Tindall
<b>Date</b>	1st March 2021
<b>Review date</b>	1 <sup>st</sup> September 2021 (unless government guidance changes or the control measure identified are found not to be sufficient within this period)

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## Identified hazards

1. Initial Covid 19 / Coronavirus hazard
2. Using training equipment
3. Cleaning and decontamination of training equipment
4. Other persons within the facility (Using a public space)
5. Injured child
6. Children that need to leave the playing area (toilet or other reason)
7. Safe guarding

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## Risk Assessment

What is the hazard?	Who might be harmed and how	What is being done to already control the risks	What further actions need to be done to control the risks?	Who is going to complete the action?	When does the action need to be complete by?	Is the action complete?
Covid 19 / Coronavirus	Children from contact with other children/persons from different households.	Unopposed practices to maintain a 2-meter social distance.	Questionnaire to be complete by parents ahead of registering for sessions. Must inform the Club if any details change after submission.	Coach	Before the child can participate in training sessions.	Yes
		Group sessions in line with FA guidance Training sessions conducted outdoors rather than indoors	Continue to monitor FA guidance	Coach	Ongoing	Yes
	Children from sharing drinks bottles and other consumables	Children bring their own drinks bottles	Drinks bottles to be labelled to clearly show who owns each bottle	Parents	Before the child can participate in training sessions.	Ongoing
			Request to parents to label drinks bottles (Email, text message) added to the pre-training questionnaire	Coach	Before the child can participate in training sessions.	Yes

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	Coaches and children travelling to and from the training venue	Children to travel with persons from same household only	Inform parents of this requirements	Coach	Before the child can participate in training sessions.	Yes
<b>The use of training equipment and aids</b>	Children and coaches from handling equipment	Equipment cleaned and disinfected by coaches	Confirm that enough disinfectant is available to use throughout the session	Coach	Before the start of training sessions	No
		Children required to sanitise their hands before entering the playing area		Parents		No
		Children issued personal equipment to use during the session that they can pick up using their hands	Briefing to be held at the start of the session and continually monitored throughout by the coaches and parents	Coach	Before the start of training sessions	No
		Children prohibited from handling futsal balls				
		Training sessions developed and controlled to ensure heading of the ball is not possible.	Training session reviewed by coaches before the beginning of each session	Coach	Before the start of training sessions	No
<b>Cleaning and disinfecting training equipment and aids</b>	Coaches from handling equipment	PPE (Surgical gloves and face masks worn when disinfecting equipment)	Training on Hand hygiene, cleaning and disinfection, how to put on and remove PPE & Introduction to emerging respiratory viruses, including novel coronavirus completed by Coaches (Provided by the <a href="#">World Health Organisation</a> )	Coach	Before training sessions are permitted to commence	No

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		Cleaning and decontamination process developed	Ongoing monitoring through the session by coaches	Coach	Ongoing	Ongoing
<b>Other persons using the facility/training area</b>	Children, Parents and public from contact with other children from different households.	Training arranged around times where public areas should be quieter				Ongoing
		List of suitable alternative venues identified in case the training location is already in use				Ongoing
		Coaches have the right to cancel training session if the training venue is not safe to use/free from public/other children				Ongoing
<b>Injured Child</b>	Coach from treatment of injured child	Parents are requested to stay and watch training session whenever possible and will treat injured child	Standard operating procedure for treating injured child – Will permit 1 parent to leave the training session. If more that 1 parent cannot attend, both children cannot attend training.	Coach	Before training sessions can be held.	Yes
		Coaches have first aid training certification issued by the England Football Association				Yes
		PPE available to protect coaches				PPE (Sanitiser, face shield, protective clothing, surgical gloves) procured and within first aid bag

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		during provision of first aid			sessions can be held.	
		Non-opposed training sessions which will reduce the likelihood of accident and injury to children	Ongoing monitoring of training sessions by coach/s	Coach	Ongoing	Yes
<b>Children that need to leave the playing area (toilet or other reason)</b>	Children that are within the playing area following contact with the child that leaves	Nothing	All children that leaving the playing area for any reason are required to hand sanitize before re-entering	Parents and Coaches	Ongoing	Yes
<b>Children/ Safeguarding</b>	Children from unsuitable contact with others	Parents/guardians remain to ensure the coach/child ratio is not exceeded				Yes
	Coaches from claims from children	Safeguarding training provided by the FA for all coaches involved with the training of children				Yes

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## Standard Procedures

### Session planning

1. Sessions limited to a maximum of 60 minutes.
2. Inform parents of training location (Ulverston, Barrow, Dalton, Bitts Park).
3. Send online questionnaire to parents which must be complete before child is permitted to train.
4. Visit training location and see if available: If not proceed to other training locations within the town and check. If none of the venues are available, training will be cancelled and parents informed.
5. Don surgical gloves and prepare equipment for each child.
6. Mark out training areas for each child ensuring at least 2-meter distance from other children at all times.
7. Mark out seating area for each child and place personal equipment for each child within that area.
8. Mark out coaching area where session instruction will take place.
9. Mark out parents waiting area where they maintain visibility of their children.
10. Position first aid bag in suitable location where it can be accessed by coach and/or parent of any injured child.
11. As child arrive, ask them to wait in the waiting area with their parent/guardian.
12. Once all children have arrived, invite them into the playing area 1 by 1 and instruct them to their seating area. Children must sanitise their hands before entering the playing area.
13. Once all children are within their seating area, give instruction on the session and commence with the training session.

### Suitable venues

#### *Barrow*

Barrow Island Park (MUGA)

Hindpool (MUGA)

Pulse (3g pitches) (Cost for hire)

#### *Dalton*

None identified



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## *Ulverston*

Croftlands Park (MUGA)

Dale Street (MUGA)

Lightburn Park (MUGA)

North Lonsdale Road (Caged area, no goals)

Ulverston Leisure Centre (Astro turf & 3G) (Cost for hire)

## *Carlisle*

Bitts Park (Tennis Courts)

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## Session briefing for children and parents/guardians

1. Send online questionnaire to parents to be complete before child is permitted to train.
2. As parents arrive with children, ask them to wait within the designated waiting areas with their child/children whilst set up is ongoing. If set up is complete, the child can enter the playing area.
3. Confirm with parent that drink bottle has the child's name clearly displayed.
4. Once children are in their designated area and all children have arrived, explain the rules about handling equipment and maintaining a 2 meter gap between other players.
5. Ask questions and get different children to answer the questions. Once happy that all children understand the basic rules, the session can start.
6. If welfare facilities unavailable ensure this is clearly communicated and confirmed by parents in advance of the session.

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## Cleaning and decontamination of equipment

All equipment will be cleaned and decontaminated:

1. Don surgical gloves before cleaning and equipment being used.
2. Spray/wipe down equipment before use.
3. Spray/wipe down equipment after use.
4. If a child touches a futsal ball with their hands, the ball will be disinfected before it can be reused. The player will then be required to sanitise their hands before resuming with the training session.
5. If a child touches another child's issued training equipment, the touched equipment will be disinfected before it can be reused. The player will then be required to sanitise their hands before resuming with the training session.

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## Treatment of an injured child

If a child is injured during the training session and requires treatment:

### If parent is on site

1. All children are instructed to return to their seating area.
2. Once all children are within the seating area, the parent of the injured child is requested to enter the playing area.
3. The parent should collect the first aid bag en-route to their child.
4. The child will either be treated using the equipment within the first aid bag.
5. A coach should only help if absolutely necessary.
6. If support from a coach is required, put on PPE (Face shield, mask, disposable apron and surgical gloves) before permitted to stand within 2 meters of the injured child.
7. Treat the child as required &/or request another parent contact the emergency services (If required).
8. If emergency services are called, the training session and all subsequent sessions that day will be cancelled.

### If parent is not on site

1. All children are instructed to return to their seating area.
2. Once all children are within the seating area, the parent of the injured child is requested to enter the playing area.
3. Coach to put on PPE (Face shield, mask, disposable apron and surgical gloves) before permitted to stand within 2 meters of the injured child.
4. Collect the first aid bag en-route to the child.
5. A parent will be asked to contact the parent of the injured child by telephone or messenger.
6. The child will be treated using the equipment within the first aid bag.
7. Treat the child as required &/or request another parent contact the emergency services (If required).
8. If emergency services are called, the training session and all subsequent sessions that day will be cancelled.

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## Pre-training session briefing format

1. Ask the children if they are all OK and let them know how happy you are to see them.
2. Let the children know that there are special rules in place to keep them safe.
3. Explain to the children:
  - a. What the spaces mean that are marked out on the floor.
  - b. Why they have been given cones that they're not allowed to share with anyone.
  - c. Why they cannot touch other people's equipment.
  - d. Why they cannot touch the futsal balls with their hands.
  - e. That if they leave the playing area for any reason, they must sanitise their hands before re-entering.
  - f. What will happen if they hurt themselves during the training session.
  - g. What will happen if they break the rules.
  - h. What to do if they start feeling unwell.
4. Ask if they have any questions and answer as required.

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## Action plan to return to futsal

We are not in a position to start with training until all of the actions below are complete and marked as “Yes”.

Action Title	Description of action	Person/s required	Description of what has been done	Is this complete?
Drinks bottles	Inform parents of the requirement to ensure that all drinks bottles must be labelled with the child's name	Coach	The requirements to ensure that all children's drink bottles have been added to the pre-training questionnaire that must be complete before children can train	Yes
Travel to and from training venue	Inform parents that children should not travel to/from training with other children from the sessions	Coach	Question added to the pre-training questionnaire for the parent/guardian to confirm who the child is travelling to and from the training session with.  This requirement is also contained within the risk assessment as a control measure and all parents/guardians have reviewed and confirmed their approval with this document.	No
Training equipment	Determine the minimum PPE requirements to be on site and provide stock to ensure that	Coach	Minimum levels of PPE on site are:	No

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	this is always available prior to beginning a training session			
Training equipment	Create a pre-training session brief for all players outlining what they can or cannot do – This will be delivered before every training session	Coach		No
Cleaning and disinfecting training equipment and aids	Complete training on Hand hygiene, cleaning and disinfection, how to put on and remove PPE & Introduction to emerging respiratory viruses, including novel coronavirus completed by Coaches (Provided by the <a href="#">World Health Organisation</a> )	Coach		No
Marking out of waiting and sitting areas	Source and purchase equipment to enable safe areas to be marked out	Coach	Jumbo chalk purchased for hard surfaces such as MUGA  Semi-permanent line marking paint purchased for grass areas outside MUGA's  Cones and flat spots purchased for other areas where chalk and line paint cannot be used	Yes

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## Important links/information for parents and coaches

The FA, latest guidance to grass roots coaching (Covid 19): <http://www.thefa.com/news/2020/jun/01/grassroots-football-covid-19-guidance-update-010620>

The FA, Child to Adult ratio documentation: <http://www.thefa.com/-/media/thefacom-new/files/rules-and-regulations/safeguarding/section-5/5-5-ratios-of-adults-to-children-colour-version.ashx>

World Health Organisation training: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/training/online-training>

Pre-training survey: <https://www.surveymonkey.co.uk/r/XZQL6BL>

Post-training survey: <https://www.surveymonkey.co.uk/r/K5ZJL39>